

Enjoy Your Baby™ Train The Trainer

*****Date: Friday 11 February 2022*****

Calling experienced trainers to train as **Enjoy Your Baby** community trainers

The course aims to help parents: ● Discover how to enjoy their baby and life as a parent. ● Build a close bond and attachment with their child. ● Maintain links to other important people and activities in their life.

Enjoy Your Baby is for parents and their families and is delivered in bite size sessions over several weeks.

Train the Trainer is offered free of charge but costs £50 if you do not cancel within 72 hours of the training

Venue: Online (Zoom joining instructions will be sent)

Time: 09:00 AM to 13:15PM

Training is provided by Professor Chris Williams from Five Areas Limited

You will be invited to take part in follow up community of practice events to build and share confidence and experience and are required to attend at least two sessions

A one off grant will be available to cascade Enjoy Your Baby for VCSE, but, you will need to be able to seek alternative funding or have cascade of Enjoy as an explicit and core part of your role

Please contact: jan.hopkins@nhs.net

Enjoy Your Baby A course for parents of a new baby

The course aims to help parents:

- Discover how to enjoy their baby and life as a parent.
- Build a close bond and attachment with their child.
- Maintain links to other important people and activities in their life.

Change your life with online resources - modules, books and worksheets



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